

## Chances are...

as the year goes by, you will need to have many conversations with your roommate(s) about your living arrangement and preferences. We encourage this! In a few weeks, you'll sit down with your roommate and complete a formal "Roommate Standards Agreement." If at any time you and your roommate(s) find you are not living up to this agreement or if the agreement is not working for you, it's time to talk again!

Here are some ideas and advice to help you out:

- ⇒ Set up a specific time to sit down and talk that is convenient for everyone. Don't try to start a discussion as your roommate(s) is headed out the door.
- ⇒ During your meeting, don't be accusatory. Use "I" statements such as, "I feel stressed when there are dirty clothes on the floor." Be specific about the actions that are upsetting you and how they affect you. Target the behavior, not the person!
- ⇒ Stick to the issue at hand; don't tip-toe around conflict.
- ⇒ Revisit your Roommate Booklet as needed.

Questions? Please contact your RA/RCC or RD.

You may also reach the Residence Life Office at:

3209 North 15th Street

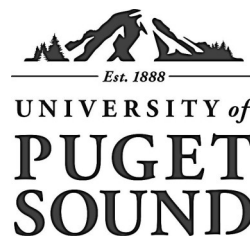
Phone: 253-879-3317

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E-mail: [reslife@pugetsound.edu](mailto:reslife@pugetsound.edu)

# Roommate Possibilities

Creating healthy  
relationships that  
work!



Residence  
Life



So, you and your roommate(s) just moved into your new home? Your new room won't feel quite like home until you and your roommate(s) take some time to talk to one other and learn what makes each of you tick. Remember, the best part of college is meeting so many new and unique people! Your roommate is one of those interesting new people! You may or may not become the best of friends (we hope you do!); however, building positive roommate and community relationships will help you have a safe, respectful, and fun experience while living on campus!

## *Communication is key!*

This booklet will help you begin the process. Before you start, here's what you'll need to do:

- Read through all the questions individually and seriously think about what is important to you.
- Set a time to meet together with your roommate(s) to review your answers.
- Take turns answering each item and discussing each topic. BE HONEST with yourself and your roommates. Remember, you aren't limited to the topics in this booklet!
- As notable differences arise, it is important to negotiate, compromise, and learn from each other throughout the process.
- Be prepared to draft some shared expectations, which will help you fill out your "Roommate Standards Agreement" later.

## My roommate(s) can use my:

(please circle your answers)

room:	whenever	ask me	sorry, no
stereo:	whenever	ask me	sorry, no
cds/dvds:	whenever	ask me	sorry, no
computer:	whenever	ask me	sorry, no
TV:	whenever	ask me	sorry, no
clothes:	whenever	ask me	sorry, no
food/drink:	whenever	ask me	sorry, no
	whenever	ask me	sorry, no
_____	whenever	ask me	sorry, no

## Their guests can use my:

(please circle your answers)

stereo:	whenever	ask me	sorry, no
cds/dvds:	whenever	ask me	sorry, no
computer:	whenever	ask me	sorry, no
TV:	whenever	ask me	sorry, no
clothes:	whenever	ask me	sorry, no
food/drink:	whenever	ask me	sorry, no
	whenever	ask me	sorry, no
_____	whenever	ask me	sorry, no

Important things my roommate(s) should know about me: (academic pursuits, class and sleep schedules, how I communicate, social activities and habits, likes and dislikes, pet peeves, interests)

How much time do you anticipate spending with your roommate(s)?

What types of activities will you and your roommate(s) do together?

Should you keep roommate conversations private or is it okay to share them with friends?

## Safety Concerns

◇ Locking the room:

Agree to always lock your room when you leave—when you walk to the lounge, shower, leave the building, etc.

◇ Following policies:

If one roommate is doing something illegal or against campus policy, how will that affect the other?

◇ Allowing to people to enter your room when no one is there :

How does this decision made by one roommate affect the other?

◇ Room set-up and fire hazards:

Have you each set-up your “side” of the room according to the room set-up guidelines?

◇ What other safety concerns do you have?

*You're on the road to a successful and healthy roommate relationship!*

## Overnight guests...

(please circle your answer)

My roommate's guests can stay overnight\*:

**Whenever**

**Ask me**

**Sorry, no**

*\*Per Residency Policy of the Logger Student Handbook, roommates should always consult roommates before overnight guests are invited. Guest may stay no longer than 3 nights unless otherwise approved (refer to the Logger Student Handbook).*

Take some time to think about some expectations you have. How do you feel about the gender of your roommate's guests? Write down your thoughts here:

## In the room, I'd like: (circle all that apply)

A clean floor

Laundry picked up

Dishes put away

A shared alarm clock

Messages taken

\_\_\_\_\_

Trash taken out

\_\_\_\_\_

Organized space

\_\_\_\_\_

A pleasant smell

\_\_\_\_\_

## When I study, I need: (circle all that apply)

dead silence

Music (type)

\_\_\_\_\_

People around

TV

\_\_\_\_\_

## I plan to study in the:

Room

Library

SUB

Other: \_\_\_\_\_

## Guests Anytime...

(please circle your answer)

My roommate can have guests over **in the room**:

What days/time? While you're studying? Should they be in the room if

**Anytime**

**Ask me**

**Limited Hours**

neither roommate is present? Can they sit on the beds or chairs? Write down your thoughts here:

## I am a: (circle all that apply)

morning person

napper

night person

athletic

vegetarian

smoker

disorganized person

meat-eater

\_\_\_\_\_

organized person

vegan

\_\_\_\_\_